

Other Cross country races during the year

Invitational Events

Mylnhurst an hosts invitational events during the Autumn term within our school grounds. We are also invited to other events throughout the year.

City Championships: Date 26th February 2022

These takes place towards the end of the season at **Graves Park**.. Runners meet near the cricket pavilion. It is normally very busy as many primary schools in the city participate. The top 10 individual runners and the top 3 teams are acknowledged at the presentations. This race is always very muddy so trainers with grips/spikes/football boots are recommended.

Catholic cup

This takes place during cross country season and is organised by St Marie's primary school. A smaller number of schools take part and Prep 3 children are allowed to run in this race even if they are aged 7.



Relays 21st March at Castledyke

Teams are selected by the Mylnhurst Cross Country Captains & Mrs Buchanan. There can only be 4 runners in a team for each age group (no more and no less).

We look forward seeing you representing the school on Saturday mornings.

The PE Department.



Primary Cross Country Races

2021/22

18th September	Bolehills Park
2nd October	Parkwood Springs
16th October	Concord Park
13th November	Bradfield School
27th November	Norfolk Park
22nd January	Brunswick School
12th February	Longley Park
26th February	City Championships, Graves Park
19th March	Castle Dyke

Further information can be found online at:

www.sfss.co.uk

Or

via Mrs Buchanan

cbuchanan@mylnhurst.co.uk

Mylnhurst Cross Country Information

- Welcome to the new cross country season. All children interested in taking part in primary cross country races have the opportunity to represent the school in the SFSS Primary League on Saturday mornings.
- The league is available to all children in Prep 4, 5 & 6. (Prep 3 children can take part once they are aged 8).
- The races are run in the following order:
 1. U9 Girls
 2. U9 Boys
 3. U11 Girls
 4. U11 Boys
- The races are held in numerous locations around Sheffield and each course has different challenges and lengths. The race series exists to provide an opportunity for girls and boys from all Sheffield Primary Schools to compete throughout the season.
- The races are often very busy and parking can be problematic, please ensure you arrive in plenty of time.
- A race manger will record your result, this will be a member of the Mylnhurst staff and occasionally a parent.

Mylnhurst Cross Country Information



Start times

All races commence at 10am, however we meet at 9.30am which gives time to walk the course and warm-up.



Uniform

Please wear your Mylnhurst tracksuit, polo shirt, shorts, trainers with good grip .or running spikes if your child has them



Code of conduct

No adults or other children are allowed to run alongside a competitor during a race. This will result in disqualification. Spectators and dogs must keep off the course and do not cross it. Please enjoy the event and celebrate all runners from 1st to last.



First Aid

Cover is provided by the organising school. In the event of an accident or incident the Team Manager or representative will deal with the situation and follow-up procedures. Please ensure your child has their medication available at all events.



Meeting Point

Parents must remain with and are responsible for the supervision their children at all events.
Our meeting point is the Mylnhurst Flag.