



## Winter Menu 2023/24

## Week A

	Pepperoni pizza	
MONDAY	Margherita pizza (v)	
	(Vegan, dairy free & gluten free pizza available)	Rice pudding with jam
	Quorn chilli (v, vg, df, gf)	
	Pasta shells	Selection of fruit
	Steamed sweetcorn	
	Salad Bar	
TUESDAY	Baked country sausages	
	Vegan bacon & sausages (vg)	
	(gluten and dairy free options available)	Flapjack & custard
	Grilled bacon slices	
	Scrambled eggs	Selection of fruit
	Mini hash browns (gf, vg)	
	Baked beans (vg)	
	Salad bar	
WEDNESDAY	Homemade chicken curry (gf, df)	
	Homemade vegetable curry (vg, gf, df)	Banana sponge & cream
	Steamed rice (vg)	
	Steamed broccoli	Selection of fruit
	Salad bar	
THURSDAY	Beef cottage pie (df, gf)	
	Vegan cottage pie (vg, df)	Lemon & courgette cake
	Vegetarian lasagne (v)	with custard
	Steamed green beans	
	Honey roast parsnips	Selection of fruit
	Salad bar	
FRIDAY	Baked fish fingers (gf, df)	
	Macaroni cheese	Blueberry muffin
	Cheese & onion flan (v, df, gf)	
	Sauté potatoes (v, vg, df, gf)	Coloction of fmit
	Steamed green peas	Selection of fruit
	Salad bar	

MyInhurst Preparatory School & Nursery, Button Hill, Ecclesall, Sheffield, S11 9HJ





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## Week B

MONDAY	Chicken goujons (gf) Quorn nuggets (vg, df) Steamed rice Steamed sweetcorn Salad bar	Apple crumble & cream Selection of fruit
TUESDAY	Country sausages (gf and df available) Vegan sausages (v, vg) Cheese, leek & potato bake Fresh mashed potatoes (v, vg, df, gf) Baked beans Salad bar	Sticky toffee pudding & custard Selection of fruit
WEDNESDAY	Beef bolognese (df, gf) Vegan bolognese (vg, df, gf) Pasta shells Salad bar	Carrot cake Selection of fruit
THURSDAY	BBQ pulled pork (df, gf) Vegetable burgers (v) Homemade roast potatoes Steamed carrots Salad bar	Strawberry jelly with fruit cocktail & cream Selection of fruit
FRIDAY	Baked fish fingers (gf,df) Spanish omelette Macaroni cheese Ziggy fries (vg, df, gf) Steamed garden peas Salad bar	Chocolate brownie Selection of fruit

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