

Week 1



Mylnhurst

Preparatory School and Nursery

Monday	Tuesday	Wednesday	Thursday	Friday
<p>FIRECRACKER FEAST Baked chicken marinated in tomato & basil</p>	<p>FIRECRACKER FEAST Rich beef lasagne</p>	<p>FIRECRACKER FEAST Pork & apple sausage, sweet onion gravy</p>	<p>FIRECRACKER FEAST Chicken fajitas</p>	<p>FIRECRACKER FEAST Battered fish fillet</p>
<p>GARDEN PRIDE Stuffed bell pepper, BBQ mixed beans</p>	<p>GARDEN PRIDE <i>Lentil and roasted vegetable stew</i></p>	<p>GARDEN PRIDE Quorn with gravy</p>	<p>GARDEN PRIDE Vegetable and bean enchiladas</p>	<p>GARDEN PRIDE <i>Battered banana blossom</i></p>
<p>Sides Honey carrots Steamed greens smashed sweet potatoes</p>	<p>Sides <i>Buttered new potatoes</i> <i>Medley of steamed vegetables</i></p>	<p>Sides Creamed mashed potato Lemon & pepper fine beans <i>Chunky carrots</i></p>	<p>Sides Smashed sweet potato Corn cobettes Steamed broccoli</p>	<p>Sides Baked wedges Smashed peas</p>
<p>Pasta Rich Tomato Sauce & basil</p>	<p>SPUD STUFF Baked beans Cheddar cheese Tuna mayonnaise</p>	<p>Pasta Creamy cheddar & spinach</p>	<p>SPUD STUFF Baked beans Cheddar cheese Tuna mayonnaise</p>	<p>Pasta <i>Roasted squash & sage</i></p>
<p>Salad bar and freshly made bread</p>	<p>Salad bar and freshly made bread</p>	<p>Salad bar and freshly made bread</p>	<p>Salad bar and freshly made bread</p>	<p>Salad bar and freshly made bread</p>
<p>Dessert of the Day Double chocolate & beetroot brownie Or Flavoured Jellies</p>	<p>Dessert of the Day Courgette, Lemon & poppy seed cake Or Flavoured Jellies</p>	<p>Dessert of the Day Spring berry Eton mess Or Flavoured Jellies</p>	<p>Dessert of the Day Apple crumble and custard</p>	<p>Dessert of the Day Dark chocolate, oat & raisin cookie</p>

Week 2



Mylnhurst

Preparatory School and Nursery

Monday	Tuesday	Wednesday	Thursday	Friday
<i>FIRECRACKER MAIN</i> Chicken Tikka Masala	<i>FIRECRACKER MAIN</i> Ham, leek & pea puff pastry pie	<i>FIRECRACKER MAIN</i> Crispy beef and vegetable stir fry	<i>FIRECRACKER MAIN</i> Roast Turkey	<i>FIRECRACKER MAIN</i> Beef burger
<i>GARDEN PRIDE</i> Chickpea and cauliflower korma	<i>GARDEN PRIDE</i> Mature cheddar and leek filo pie	<i>GARDEN PRIDE</i> Teriyaki Tofu pieces stir-fried vegetables	<i>GARDEN PRIDE</i> Quorn sausage Rosemary gravy	<i>GARDEN PRIDE</i> <i>Fishless fingers</i>
<i>Sides</i> Braised turmeric rice Teardrop naan carrots & peas	<i>Sides</i> <i>Roast potatoes</i> <i>Medley of steamed vegetables</i> <i>Buttered cabbage</i>	<i>Sides</i> Soy, spring onion broccoli Egg fried rice	<i>Sides</i> Yorkshire pudding roasted roots New potatoes	<i>Sides</i> Smashed peas Coleslaw Sweetcorn
<i>Pasta</i> Rich Tomato Sauce & basil	<i>SPUD STUFF</i> Baked beans Cheddar cheese Tuna mayonnaise	<i>Pasta</i> Tomato & chilli	<i>SPUD STUFF</i> Baked beans Cheddar cheese Tuna mayonnaise	<i>Pasta</i> <i>spinach, pea & olive oil</i>
<i>Salad bar and freshly made bread</i>	<i>Salad bar and freshly made bread</i>	<i>Salad bar and freshly made bread</i>	<i>Salad bar and freshly made bread</i>	<i>Salad bar and freshly made bread</i>
<i>Dessert of the Day</i> Lemon posset with shortbread	<i>Dessert of the Day</i> Chocolate marble cake with vanilla custard	<i>Dessert of the Day</i> Strawberry mousse	<i>Dessert of the Day</i> Hot Pear and apple sponge	<i>Dessert of the Day</i> <i>Vanilla cheesecake with winter berry compote</i>