



# Mylnhurst

Preparatory School and Nursery

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>MAIN</b> Baked chicken marinated in tomato &amp; basil</p> <p><b>GARDEN PRIDE</b> Stuffed bell pepper, bbq mixed beans</p> <p><b>Sides</b> Honey carrots Steamed greens smashed sweet potatoes</p> <p><b>Pasta</b> Rich Tomato Sauce &amp; basil</p> <p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p> <p><i>Salad bar and freshly made bread</i></p> <p><b>Dessert of the Day</b> Double chocolate &amp; beetroot brownie</p>	<p><b>MAIN</b> Rich beef lasagne</p> <p><b>GARDEN PRIDE</b> <i>Lentil and roasted vegetable stew</i></p> <p><b>Sides</b> <i>Buttered new potatoes</i> <i>Medley of steamed vegetables</i></p> <p><b>Pasta</b> Rich Tomato Sauce &amp; olives</p> <p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p> <p><i>Salad bar and freshly made bread</i></p> <p><b>Dessert of the Day</b> Courgette, Lemon &amp; poppy seed cake</p> <p>Jellies</p>	<p><b>MAIN</b> Pork &amp; apple sausage, sweet onion gravy</p> <p><b>GARDEN PRIDE</b> Quorn sausage, sweet Onion gravy</p> <p><b>Sides</b> Creamed mashed potato fine beans <i>Chunky carrots</i></p> <p><b>Pasta</b> Rich Tomato Sauce &amp; med vegetables</p> <p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p> <p><i>Salad bar and freshly made bread</i></p> <p><b>Dessert of the Day</b> Winter berry Eton mess</p> <p>Jellies</p>	<p><b>MAIN</b> Chicken fajitas</p> <p><b>GARDEN PRIDE</b> Vegetable and bean enchiladas</p> <p><b>Sides</b> Smashed sweet potato sweetcorn Steamed broccoli</p> <p><b>Pasta</b> Rich Tomato Sauce &amp; sundried tomato</p> <p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p> <p><i>Salad bar and freshly made bread</i></p> <p><b>Dessert of the Day</b> Apple crumble and custard</p> <p>Jellies</p>	<p><b>MAIN</b> Breaded fish fillet</p> <p><b>GARDEN PRIDE</b> Fishless gluten free fingers</p> <p><b>Sides</b> Baked seasoned potatoes Garden peas</p> <p><b>Pasta</b> Rich Tomato Sauce &amp; fresh herbs</p> <p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p> <p><i>Salad bar and freshly made bread</i></p> <p><b>Dessert of the Day</b> Syrup sponge and custard</p> <p>Jellies</p>



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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Main</b> Chicken &amp; vegetable curry</p>	<p><b>Main</b> Ham, leek &amp; pea puff pastry pie</p>	<p><b>Main</b> Beef and vegetable stir fry</p>	<p><b>Main</b> Cumberland &amp; Lincolnshire sausages, rosemary gravy</p>	<p><b>Main</b> Breaded fish fillet</p>
<p><b>GARDEN PRIDE</b> Chickpea and cauliflower curry</p>	<p><b>GARDEN PRIDE</b> Mature cheddar and leek filo pie</p>	<p><b>GARDEN PRIDE</b> Vegetable stir-fry</p>	<p><b>GARDEN PRIDE</b> Quorn sausage Rosemary gravy</p>	<p><b>GARDEN PRIDE</b> Fishless gluten free fingers</p>
<p><b>Sides</b> Braised turmeric rice Teardrop naan carrots &amp; peas</p>	<p><b>Sides</b> Roast potatoes Medley of steamed vegetables</p>	<p><b>Sides</b> Spring onion noodles Roast cauliflower</p>	<p><b>Sides</b> roasted roots New potatoes</p>	<p><b>Sides</b> Garden peas Roasted seasoned potatoes</p>
<p><b>Pasta</b> Rich Tomato Sauce &amp; basil</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; fresh herbs</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; olives</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; sundried tomatoes</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; med vegetables</p>
<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>
<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>
<p><b>Dessert of the Day</b> Lemon Drizzle</p>	<p><b>Dessert of the Day</b> Chocolate marble cake with vanilla custard</p>	<p><b>Dessert of the Day</b> Strawberry mousse</p>	<p><b>Dessert of the Day</b> Pear and apple sponge</p>	<p><b>Dessert of the Day</b> Vanilla cheesecake with winter berry compote</p>
	<p>jellies</p>	<p>jellies</p>	<p>jellies</p>	<p>jellies</p>



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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Main</b> Pulled chicken Mac "n" cheese</p>	<p><b>Main</b> Beef &amp; vegetable ragout</p>	<p><b>Main</b> Penne Bolognese</p>	<p><b>Main</b> bbq chicken</p>	<p><b>Main</b> Breaded fish fillet</p>
<p><b>GARDEN PRIDE</b> Roast butternut squash Mac "n" cheese</p>	<p><b>GARDEN PRIDE</b> Chickpea &amp; vegetable ragout</p>	<p><b>GARDEN PRIDE</b> Roasted vegetable lasagne</p>	<p><b>GARDEN PRIDE</b> bbq quorn fillet</p>	<p><b>GARDEN PRIDE</b> Fishless gluten free fingers</p>
<p><b>Sides</b> Buttery greens Roasted herby new potatoes sweetcorn</p>	<p><b>Sides</b> Mashed potatoes Minted peas Chunky carrots</p>	<p><b>Sides</b> Garlic bread Mini corn cobs French beans</p>	<p><b>Sides</b> <b>Savoury rice</b> Medley of steamed vegetables</p>	<p><b>Sides</b> Garden peas Roasted seasoned potatoes</p>
<p><b>Pasta</b> Rich Tomato Sauce &amp; basil</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; fresh herbs</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; olives</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; sundried tomatoes</p>	<p><b>Pasta</b> Rich Tomato Sauce &amp; med vegetables</p>
<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>	<p><b>SPUD STUFF</b> Baked beans Cheddar cheese Tuna mayonnaise</p>
<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>	<p><b>Salad bar and freshly made bread</b></p>
<p><b>Dessert of the Day</b> Ginger sponge &amp; custard</p>	<p><b>Dessert of the Day</b> Selection of cookies</p>	<p><b>Dessert of the Day</b> Parsnip cake &amp; orange cream cheese frosting</p>	<p><b>Dessert of the Day</b> Chocolate sponge &amp; chocolate sauce</p>	<p><b>Dessert of the Day</b> Apple &amp; blackcurrant Crumble &amp; custard</p>
	<p>Jellies</p>	<p>jellies</p>	<p>Jellies</p>	<p>jellies</p>